

Formulas used to calculate target height in SDS units

$$1 \quad \left(\frac{0.886 * \left(\frac{\text{father's height (cm)} + \text{mother's height (cm)}}{2} - 172.1066 \right)}{6.6784} \right) - 0.071$$

$$2 \quad \left(\frac{0.791 * \left(\frac{\text{father's height (cm)} + \text{mother's height (cm)}}{2} - 172.1031 \right)}{5.7569} \right) - 0.147$$

$$3 \quad \frac{(\text{father's height (cm)} - 178.907)}{6.678}$$

$$4 \quad \frac{\text{mother's height (cm)} - 165.3}{6.5575}$$