Figure 1. Supplementary materials. PRISMA diagram showing the study selection process

Records identified through database searching \( n = 1327 \)

Additional records identified through other sources \( n = 1368 \)

Records identified through reference screening \( n = 5 \)

Records after duplicates removed \( n = 2482 \)

Records screened \( n = 2482 \)

Records excluded \( n = 2348 \)

Full-text articles assessed for eligibility \( n = 134 \)

Full-text articles excluded \( n = 69 \)

Reasons for exclusion:
- Study design – 39
- Population – 7
- Intervention – 3
- Comparator – 4
- Outcome – 6
- Sample size – 10

Studies included in qualitative synthesis
\( n = 47 \) studies
(65 papers)

Studies included in quantitative synthesis
(meta-analysis)
\( n = 47 \) studies
(65 publications)