

Supplementary Table 2: Multiple linear regression analysis on chair rising test in ActiveCS only

Variable	Unstandardized Coefficient B	Standard error	p value	95,0% Confidence Interval for B Lower Bound	95,0% Confidence Interval for B Upper Bound
BMI (kg/m ²)	,132	,112	,247	-,095	,360
Age at examination (yrs.)	,087	,048	,076	-,010	,183
Gender (m/f)	,732	1,373	,597	-2,051	3,514