Evidence for processing of compact insoluble thyroglobulin globules in relation with follicular cell functional activity in the human and the mouse thyroid

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Abstract

Objective: Thyroglobulin (Tg) is stored within the follicular lumen mainly in a soluble form, but globules made of insoluble multimers are also present and considered to be a mechanism to store prohormone at high concentration. We investigated the immunohistochemical properties of these intrafollicular globules and their possible processing by thyroid cells upon stimulation in the human and in the mouse.

Design: Human thyroids (normal, Graves’ disease and hot adenomas) and thyroids from old ICR mice without or with goitrogenic treatment were processed for light microscopy.

Methods: Immunohistochemistry for Tg with a polyclonal antibody and two monoclonal antibodies, one specific for thyroxine-rich-iodinated Tg and the other recognizing Tg independently of its iodine level, staining with periodic-acid-schiff, and binding of lectins specific for mannose and sialic acid were performed on all tissue sections. Intrafollicular globules were quantified, with distinction between ‘active’ or ‘hot’ and ‘hypofunctioning’ or ‘cold’ follicles.

Results: In normal human and old mouse thyroids, the intrafollicular globules were strongly stained with PAS, but negative for the three anti-Tg antibodies and the two lectin-binding assays, while the surrounding soluble Tg was positive. In normal human tissue, globules were more frequent in ‘hypo-’ than in ‘active’ follicles. They were exceptional in Graves’ disease and hot adenomas. In old mice, Tg globules were more frequent in ‘cold’ than in ‘hot’ follicles. Along with the goitrogen treatment, they became fewer, fragmented and more often present in follicles with a ‘hot’ aspect.

Conclusions: Upon TSH stimulation, thyrocytes become able to process colloid globules suggesting that this stock of Tg can be used in vivo for thyroid hormone synthesis.

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Introduction

Thyroglobulin (Tg) is an iodinated glycoprotein that is required for thyroid hormone formation. The prohormone Tg is stored as colloid within the follicular lumen. As its concentration increases, diffusion into the colloid slows down and iodination and hormone synthesis are affected (1). Colloid is compartmentalized with a higher turnover at the periphery than in the center (2). Tg iodination takes place extracellularly at the apical pole of the thyrocytes and proceeds in two steps: a rapid iodination of newly synthesized molecules and a delayed iodination of older molecules stored in the colloid. Only a few specific tyrosine residues are involved in the hormonogenesis and one tyrosine (T4)-forming site at a low degree of iodination is located at the N-terminal end of the molecule. Iodination acts on the Tg structure by increasing the formation of intermolecular disulfide bonds. This leads to the formation of soluble dimers, tri- and tetramers made of attached 19S molecules with the same ovoid shape, and the same degree of iodination, but with a higher sialic acid content (3). Tg also exists in a multimerized insoluble form which consists of covalently cross-linked 19S Tg molecules. Such colloid globules have been isolated from bovine and human thyroids, with differences in size and cross-linking nature (4, 5). Iodine content of isolated globules is high while hormones have not been detected (4, 6).

It has been suggested that Tg compaction is a mechanism to store the prohormone at high concentration (4, 5). A morphological heterogeneity in the colloid aspect along with the presence of intrafollicular globules has also been observed on fixed histological sections (7, 8). In the present study, we analyzed the immunohistochemical properties of the intrafollicular
globs in two models: the human thyroid and the glands of old mice which are known to contain numerous hypoactive ‘cold’ follicles (9). To look at the possible processing of the colloid globsules by thyroid cells, we compared hyperactive samples from Graves’ goiter and from autonomous adenomas with normal human tissues. To analyze the processing steps leading to Tg globule vanishing, a thyrotropin (TSH)-induced iodoprive goiter was produced in old mice.

Materials and methods

Human tissues

Normal human thyroid tissue was obtained at necropsy. Thyroids samples from five patients with Graves’ disease or autonomous ‘hot’ adenomas were selected from the tissue bank of the Department of Pathology. For cryosections, normal tissue was obtained from four patients undergoing surgery for multinodular goiter, after informed consent had been given.

Animals and treatment

Twenty-four 18- to 24-month-old ICR mice were divided into one control group and three other groups on an iodine-deficient diet (LID, corresponding to 0.1 μg I/day; Animalabo, Brussels, Belgium), supplemented with 0.25% (w/v) 6-n-propyl-2-thiouracyl (Sigma, St Louis, MO, USA) for 10, 22, or 34 days respectively, followed by LID alone for 2 days. Animals were fed a normal iodine diet (1 μg I/day) from birth until the onset of the treatment. Mice were maintained in accordance with the principles of laboratory animal care. Two 19- and 21-month-old C57 black mice were fed a normal iodine diet and injected with 30 μCi 125I (IMS 30; Amersham Bioscience, Roosendaal, The Netherlands) 4 h before they were killed.

Microscopy

Human samples were Bouin-fixed and paraffin-embedded tissues. Serial sections (5 μm thick) were stained with eosin–orange G (EOG) and periodic-acid-schiff (PAS) methods, or used for immunohistochemistry and lectin-binding analysis (see below). Tissues obtained from surgery were rapidly frozen in liquid nitrogen. Cryostat sections (5 μm thick) were stained with hematoxylin–eosin (HE).

Old mice were anesthetized with pentothal and perfused through a cannula placed in the left ventricle under a pressure of 80 mmHg, first with saline for 1 min at 37°C, and thereafter with paraformaldehyde (4%) and dextran (3.5%) in phosphate-buffered saline (PBS) buffer (pH 7.4) for 4 min. One thyroid lobe was carefully dissected and immediately fixed in Bouin–Allen solution, while the second lobe was left in situ. The perfusion was then prolonged with paraformaldehyde (2%), glutaraldehyde (2.5%) and dextran (3.5%) in 100 mM cacodylate buffer (pH 7.4) for 5 min. The second lobe was fixed in 2.5% glutaraldehyde for 1.5 h, rinsed in cacodylate buffer, and post-fixed in osmium tetroxide for 1 h. After dehydration, the first lobe was embedded in paraffin, and serial 5 μm thick sections were stained with EOG and PAS methods or used for immunohistochemistry and lectin-binding analysis. Autoradiographies were performed as previously described (10). The second lobe was embedded in LX112 resin (Ladd Research Industries, Burlington, VT, USA). Semi-thin sections (0.5 μm thick), stained with toluidine blue, were used to count the number of intrafollicular globsules.

Immunohistochemistry and lectin-binding analysis

All procedures were performed at room temperature. Paraffin sections were dewaxed and rehydrated. Cryostat sections were quickly plunged into acetone. After washing with PBS containing 1% bovine serum albumin (BSA) (PBS–BSA) (BSA: ICN, Costa Mesa, CA, USA), sections were incubated with 1% H2O2 for 20 min, washed twice with PBS–BSA, and processed using three different antibodies raised against human Tg (hTg). The rabbit polyclonal antibody (not species specific) was used at 1:1500 for 3 h (Dako, Glostrup, Denmark). The two other mouse monoclonal antibodies (Mabs) were used at 1:4000, overnight (11). The A3 Mab (human specific) is directed against hTg without discrimination between the different iodine contents of Tg, while the B1 Mab (reacting with human and mouse Tg) specifically recognizes iodinated Tg containing T4 at the N-terminal hormonogenic site (Mabs were a gift from Dr J J M de Vijlder, Amsterdam). For antibody–antigen reaction revelation, a 1-h incubation with a second peroxidase-conjugated swine polyclonal anti-rabbit (Dako) or rat monoclonal anti-mouse antibodies was performed, followed by the diaminobenzidine tetrahydrochloride (Aldrich, Bornem, Belgium)–H2O2 peroxidase reaction. Sections were counterstained with Mayer’s hematoxylin, rinsed, dehydrated and mounted in DPX medium (BDH, Poole, Dorset, UK). A3 Mab immunostaining was only performed on human sections. The first antibody was omitted in the controls. The specificity of the B1 Mab was checked after preincubation with iodinated or non-iodinated hTg.

For lectin-binding analysis, concanavalin A (ConA) was used to detect terminal α-1-mannosyl residues, and Sambucus nigra agglutinin (SNA) to detect sialic acid bound in α2–6 to galactose. Parafin sections of normal human and mice thyroids were washed with 10 mM acetate buffer (pH 6.0), 1 mM CaCl2, and 1 mM MnCl2 (ConA), or with 10 mM Hepes buffer (pH 7.5) and 1 mM CaCl2 (SNA), and incubated for 30 min with 10 μg/ml ConA (Sigma-Aldrich, Bornem,
Differences were considered significant at \( P < 0.05 \). In control sections, ConA was preincubated with \( \alpha \)-Li-mannose (Sigma) and SNA with N-acetyleneuraminoside-\( \alpha \)-lactose (Sigma).

### Counting of follicles with globules

For quantification in human tissues, Tg globules, considered as insoluble Tg multimers, were counted in 1000 follicles on EOG-stained sections at \( \times 400 \) magnification. Follicles were ranked into two classes according to the aspect of their epithelium which correlates with their functional status. ‘Active’ follicles were lined with a cubical or a cylindrical epithelium with round nuclei, while ‘hypofunctioning’ follicles were surrounded by flat epithelium and nuclei (12). Globules present in ‘active’ and ‘hypofunctioning’ follicles were counted separately.

To confirm the preferential location of globules within ‘hypofunctioning’ follicles, we analyzed their repartition in the thyroid of old mice which are known to develop hypofunctioning ‘cold’ follicles with aging (9, 13–15). Globules were counted separately in each type of follicles at \( \times 400 \) magnification on sections corresponding to one thyroid lobe. A differentiation was made between follicles with a unique central globule and those with multiple fragments with similar histochemical properties.

### Statistical analysis

The statistical difference between both types of follicles in the same group, or between groups was tested by one-way analysis of variance and by Student’s \( t \)-test. Differences were considered significant at \( P < 0.05 \). Results are expressed as means±s.d., \( n = 5 \).

### Results

#### Globules present in follicular lumen of human and old mouse thyroid react differently to anti-Tg antibodies and lectins than the surrounding soluble Tg

In human follicles, we observed that the histochemical properties of globules differed from those of the surrounding soluble Tg. On serial sections stained with EOG, the globules appeared either as a unique large and central corpuscle or as numerous, small, and dispersed structures floating in the follicular lumen; these were more strongly pink stained than the periphery of the colloid (not shown). A similar contrasted difference was observed with PAS staining (Fig. 1A and B), indicating that the cross-linked Tg was glycosylated. In contrast, the globules were negative either with the polyclonal anti-Tg antibody (Fig. 1C and D), or with the two Mabs that are specific for T4-containing Tg (B1 Mab), and for Tg independently of its iodination level (A3 Mab, not shown). Staining of the soluble Tg persisted after preincubation of the B1 Mab with non-iodinated \( hTg \), while it disappeared after preincubation with iodinated \( hTg \), confirming the antibody specificity (Fig. 1E and F).

In frozen sections, most of the soluble Tg was extracted during the immunostaining procedure, but globules remained in the follicular lumen, confirming their insolubility. Here again, the globules were HE and PAS positive (not shown), but not reactive to the polyclonal anti-Tg antibody (Fig. 1G), indicating that they were not just a fixation artifact.

Globules were totally negative for ConA binding and clearly less positive than soluble colloid for SNA binding (Fig. 1H and I).

In the thyroid of old mice, intrafollicular globules showed the same staining and immunological properties as in the human: they were PAS positive (not shown), but did not react with the polyclonal anti-Tg antibody (Fig. 1G), indicating that they were not just a fixation artifact.

Globules were also negative in the ConA-binding test, in contrast with the positive surrounding Tg. They were mainly detected in ‘cold’ follicles, identified by the absence of radioiodine uptake on autoradiography (Fig. 1K).

#### Globules were more frequently present in hypofunctioning follicles and were processed upon thyroid stimulation

Quantification of Tg globules present in ‘active’ or ‘hypofunctioning’ follicles in human thyroids is reported in Fig. 2A. In a normal gland, 40±10% (\( n = 5 \)) of the follicles showed a ‘hypofunctioning’ morphological aspect, half of them containing globules. In contrast, globules were only observed in 22% of the more frequent ‘active’ follicles.

In control old mice (Fig. 2B), 58±13% of the follicles were ‘cold’, with 45% of them containing globules. In contrast, only 8% of the ‘hot’ follicles contained globules. These results confirmed that multimers of Tg are more frequent in ‘hypofunctioning’ than in ‘active’ follicles.

We then analyzed the globule distribution in tissues from two human pathologies characterized by hyperactivity. Graves’ disease and hot autonomous adenomas. As shown in Fig. 2A, these tissues contained mainly ‘active’ follicles. Globules were quite rare and distributed equally in both types of follicles. These results indicated that thyrocytes can make use of the colloid globules when they are stimulated.
To test the likelihood that globules are processed upon stimulation, old mice were given a goitrogen treatment for different periods of time. After 12 days of goiter development, the thyroid still contained globules (not shown). After 24 days, globules were found in hot follicles (Fig. 1L and M). After 36 days, they appeared as small and numerous fragments (Fig. 1N and O). The proportion of ‘hot’ or ‘cold’ follicles, as well as of globules in each category (Fig. 2B) was not modified after 12 days of treatment, while ‘hot’ follicles became significantly more frequent than cold follicles after 24 days ($P < 0.05$). As previously shown (9, 13), the proportion of ‘cold’ follicles decreased with the duration of treatment to reach

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**Figure 1** Intrafollicular globules are present in thyroids of normal humans (A–I) and old ICR mice (J–O). Scale bar = 10μm. (A–D) Unique central globule and multiple small aggregates floating in the colloid in human normal thyroid: (A and B) PAS staining and (C and D) immunostaining with polyclonal anti-Tg antibody; serial sections. (E and F) Control of B1 Mab specificity; preincubation with (E) non-iodinated hTg or (F) iodinated hTg. (G) Globule on a cryostat section; immunostaining with polyclonal anti-Tg antibody. (H and I) Lectin binding: (H) binding of SNA (sialic acid binding) and (I) binding of ConA (mannose binding). (J) Globule in a ‘cold’ follicle of a control old ICR mouse; immunostaining with B1 Mab. (K) Globule in a ‘cold’ follicle in an old C57 black mouse; autoradiography 4 h after $^{125}$I injection (black asterisk, ‘cold’ follicle; white asterisk, ‘hot’ follicle). (L and M) Globule in a ‘hot’ follicle of an old ICR mouse on goitrogen treatment for 24 days: (L) immunostaining with polyclonal anti-Tg antibody and (M) PAS staining. (N and O) ‘Hot’ follicle containing multiple small aggregates in an old ICR mouse treated for 36 days: (N) immunostaining with polyclonal anti-Tg antibody and (O) PAS staining.

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3 ± 1% after 36 days (P < 0.001). The percentage of follicles containing globules (Table 1) significantly decreased at day 24 compared with control. At day 36, globules were quite rare and a higher proportion of follicles contained more than one globule (Table 1). These results indicated that TSH stimulation of old mouse thyrocytes not only restores the activity of ‘cold’ follicles, but also induces the processing of Tg multimers that are progressively fragmented.

Discussion
This report shows that intrafollicular globules are frequently observed in normal human thyroids and in glands of old mice, where they are preferentially located in follicles with the morphological aspect of ‘cold’ follicles.

Although such globules are made of multimerized highly iodinated Tg (4–6), they are not recognized by polyclonal or monoclonal antibodies directed against specific Tg epitopes. This suggests that these epitopes, including a possible T4 residue at the N-terminus of the peptide chain (B1 Mab), are either buried inside Tg aggregates, or covered by carbohydrate chains. Indeed, the structure of complex carbohydrate chains has noticeable effects on Tg immunoreactivity (16). In addition, terminal sialic acid of complex glycannic chains forms ionic bonds with basic amino acids of the protein backbone, which could account for the
decrease in antibody recognition (17). We believe that the epitope accessibility most likely depends on the tri-dimensional conformation of the cross-linked molecules, rather than on complex carbohydrate chain hindrance. Indeed, the treatment of paraffin sections with neuraminidase which breaks down the sialic acid-induced rigidity of the polysaccharide cover did not restore the antigenicity (not shown).

Covalent cross-links between Tg molecules has been suggested as a way to store Tg at a high concentration without increasing the osmolality (4, 5). The present study shows that globules are mostly observed in follicles with a low Tg turnover, ‘hypofunctioning’ follicles in the normal human thyroid and ‘cold’ follicles in aged mice. In the follicular lumen, Tg is heterogeneous in term of carbohydrate and iodine contents (18) and, notwithstanding its very high intrafollicular concentration, a selectivity in Tg uptake has been suggested (19). In hypoactive follicles, because of the endocytosis decline, Tg accumulates in the colloid (20). It has been suggested that the intermolecular cross-linking of luminal hTg results from a combined mechanism of self-assisted and peroxidase-mediated disulfide bond formation (21). Our findings indicate that an increase in Tg concentration in the follicular lumen might facilitate Tg multimerization.

The original in vivo findings presented in this study have indicated that thyrocytes are able to metabolize the intrafollicular globules when stimulated by TSH. Three types of mechanism could account for globule dissolution: reduction of intermolecular covalent cross-links (disulfide or bi-tyrosine bonds) that maintain Tg compaction, oxidative attack of globule surface or limited extracellular proteolysis of peptide chains. First, isolated globules contain low amounts of protein-disulfide isomerase (PDI) (5) which could reduce intermolecular disulfide bridges. However, to catalyze this reaction, PDI requires a relatively reducing environment, when TSH conversely stimulates production of oxidizing equivalents (22). In addition, this hypothesis seems unlikely because PDI interaction with Tg requires acidic pH (23). Second, dispersion of Tg multimers could imply an oxidative breakage of intramolecular covalent bounds. Indeed, insoluble Tg has been shown in vitro to be degraded by a mild oxidation similar to that required for hormone synthesis (6, 24). This points to a potential role for the TPO – ThOX – H2O2 system. Indeed, TPO and ThOX immunoreactivity is low or absent, respectively, in ‘hypofunctioning’ follicles, but is gradually restored when activity is regained (12), which correlates with the variations in intrafollicular globule frequency. Upon TSH stimulation, one could propose that soluble Tg is primarily endocytosed which brings the residual globules into contact with the apical membrane where TPO and ThOX expression is induced. Third, several lysosomal enzymes are transported to the apical pole of isolated thyrocytes and could act extracellularly on the compact Tg. Among proteases, the mature cathepsin D would be poorly active at the

### Table 1

<table>
<thead>
<tr>
<th>Duration of goitrogen treatment (days)</th>
<th>Follicles with globules (% of total)</th>
<th>Follicles with more than one globule (% of follicles with globules)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>32±14</td>
<td>40±9</td>
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<tr>
<td>12</td>
<td>32±13</td>
<td>47±23</td>
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<tr>
<td>24</td>
<td>16±2*</td>
<td>51±11</td>
</tr>
<tr>
<td>36</td>
<td>6±2*</td>
<td>68±3*</td>
</tr>
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*P < 0.05 as compared with control. †P < 0.05 as compared with day 12 of goitrogen treatment. ‡P < 0.05 as compared with day 24 of goitrogen treatment.

Figure 3 Processing of insoluble compact Tg globules in TSH-stimulated thyroids. Upon chronic TSH stimulation of old ICR mouse thyrocytes, when ‘cold’ follicles become active, soluble Tg is first endocytosed. Then, the intrafollicular globule is brought nearer to the apical pole of thyrocytes and gradually fragmented. Finally, solubilized globule content, either as intact Tg or as large Tg peptides, becomes suitable for thyroid hormone synthesis.
neutral intrafollicular pH (25). Other candidates are cathepsins B and K, two cysteine proteinases active at neutral pH that may contribute to the extracellular release of T4 (26, 27). Interestingly, TSH stimulates their secretion from lysosomes in vitro (28, 29). Therefore, as far as their presence at the periphery of the follicular lumen is demonstrated in vivo, these enzymes, acting as endo- and exoproteases, might account for globule fragmentation upon TSH stimulation, i.e. in Graves’ disease and autonomous adenomas in humans, and in iodopivre goiters in old mice. Endocytosis of the highly iodinated globule fragments, in which hormone content seems to be low (6), could occur before or after further TPO-induced modifications. Therefore, if one assumes that the physiological role of globules is to store iodinated prohormonal Tg, proteolysis would be subtle enough to keep intramolecular hormone synthesis possible in the solubilized fragments before endocytosis and hormone secretion.

In conclusion, the Tg globule is the morphological counterpart of multimerized Tg which serves to store the prohormone at a high concentration. When hypoactive ‘cold’ follicles become active upon TSH-induced chronic stimulation, Tg globules are processed to cover an increase in thyroid hormone production. In this paradigm, compact Tg globules are gradually fragmented and processed into fluid Tg which then becomes suitable for thyroid hormone synthesis (Fig. 3). This could help to maintain a thyroid hormone release adapted to increased physiological needs and to preserve the hormonal homeostasis.

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