Evidence for functional CB1 cannabinoid receptor expressed in the rat thyroid

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Abstract

Objective: Previous reports have shown that the Δ⁹-tetrahydrocannabinol (Δ⁹THC), the major psychoactive cannabinoid component of marijuana, is unable to inhibit thyroid hormonal activity. The aim of this study was to characterize the CB1 functional expression in the rat thyroid by a multi-methods approach.

Methods and Results: RT-PCR was used to detect the mRNA expression of the CB1 cannabinoid receptor (17.8±4.0% of the normalizing reference gene β₂ microglobulin), as well as the expression of the endocannabinoid hydrolyzing enzyme, fatty acid amide hydrolase (46.9±4.3% of β₂ microglobulin), in the rat thyroid gland.

The CB1-encoded protein was detected in its glycosylated form (63 kDa) by Western blot, employing a polyclonal antibody, while CB1 immunohistochemical localization showed an intracellular positive staining in both follicular and parafollicular cells. In addition, a 30% decrease in serum levels of both 3,5,3₀-tri-iodothyronine (T₃) and thyroxine (T₄) was detected 4 h after the administration of the synthetic cannabinoid receptor agonist, WIN 55,212-2 (10 mg/kg i.p.). These effects were antagonized by pretreatment with the CB1 antagonist SR 141716A (3 mg/kg i.p.); thyrotrophin levels were unaffected by both treatments.

Conclusion: These data indicate that functional CB1 receptors which are able to modulate the release of T₃ and T₄ are expressed in the rat thyroid, and suggest a possible role of cannabinoids in the regulation of rat thyroid hormonal activity.

Introduction

A significant part of the population uses marijuana during puberty and pregnancy, when perturbations in the endocrine system can have serious consequences (1). The major psychoactive cannabinoid component of marijuana, Δ⁹-tetrahydrocannabinol (Δ⁹THC), has been used in most of the studies investigating neuroendocrine function and regulation (1–4). However, the mechanism by which Δ⁹THC acts remained unclear until the brain cannabinoid receptor was discovered. Two cannabinoid receptor types – defined as CB1 (central) and CB2 (peripheral) – have been cloned and characterized both biochemically and pharmacologically (5–8). Their distribution has been mapped using different techniques, from which it has become clear that CB1 receptors are not exclusively localized in the brain but are also in many peripheral organs, whereas CB2 receptor distribution seems to be confined to cells and tissues derived from the immune system (9–15). Moreover, the recent discovery of an endogenous cannabinoid system (16) promoted a series of studies into its physiological role.

The widespread distribution of cannabinoid receptors, starting from the brain and spreading throughout the periphery, mirrors the variety of effects that Δ⁹THC and endocannabinoids, such as anandamide (16), produce at these different sites. Various authors have described the inhibitory effect of Δ⁹THC on thyroid function (1–4); this can be reversed by the administration of thyroid-stimulating hormone (TSH) (3). This suggested that the reduction in circulating TSH was the primary cause of the inhibition (3), which was succeeded in time by a reduction in serum 3,5,3₀-tri-iodothyronine (T₃) and serum thyroxine (T₄). Δ⁹THC, however, had no effect on the TSH response to exogenous thyrotropin-releasing hormone (TRH) (1).
Lesion studies in different hypothalamic subregions have indicated that Δ⁹-THC also acts at the level of the caudal hypothalamus, either reducing TRH delivery or stimulating the release of a yet unidentified inhibitor of pituitary TSH release (3).

Studies concerning the direct effect of cannabinoids on thyroid hormone metabolism should now be re-examined, since the expression of CB1 receptors in both the rat hypothalamus and the pituitary gland (9, 10) has been reported.

Recently, Buckley et al. (13) described the presence of high levels of CB1 mRNA during the late embryological stages of the rat thyroid, using in situ hybridization histochemistry. Since very little is known, however, about CB1 expression and function in the adult rat thyroid, the purpose of this study was to better characterize them by a multi-method approach: reverse transcriptase-polymerase chain reaction (RT-PCR), Western blotting (WB) and immunohistochemistry. Furthermore, in order to elucidate the possible functional role of the CB1 receptors in the rat thyroid gland, we have studied the acute effects of the synthetic cannabinoid agonist WIN 55,212-2 and the CB1 antagonist SR 141716A on thyroid hormone activity.

Materials and methods

Animals

Sprague–Dawley rats were purchased from Charles River (Como, Italy). They were housed three or four per cage and given free access to food and water under controlled conditions of temperature (22±2°C) and humidity (60±5%), with a 12 h light:12 h darkness cycle. In order to minimize pain and discomfort for the animals, all the experiments were carried out in accordance with the EC regulation for the care and use of experimental animals (CEE No. 86/601). Rats were divided into groups of eight for each drug treatment. The experimental protocol consisted of four stages of the rat thyroid, using hybridization histochemistry. Studies concerning the direct effect of cannabinoids on thyroid hormone metabolism should now be re-examined, since the expression of CB1 receptors in both the rat hypothalamus and the pituitary gland (9, 10) has been reported.

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Drugs and chemicals

WIN 55,212-2 was purchased from Tocris Cookson Ltd (Avonmouth, Bristol, UK) while SR 141716A was a kind gift from Sanofi-Synthelabo (Bagneux, France). All these drugs were dissolved in 20 μl Tween 80 and NaCl (0.9%), which was also the composition of the vehicle.

Radioimmunoassay (RIA)

After habituation to the environment and depending on the experimental procedure, rats were killed as follows: 4 h after vehicle, WIN 55,212-2 (10 mg/kg), WIN 55,212-2 (10 mg/kg) + SR 141716A (3 mg/kg) and SR 141716A (3 mg/kg) administration or 30 min, 1 h, 2 h and 4 h after vehicle or WIN 55,212-2 (10 mg/kg) administration. Blood (5 ml) was collected and then incubated for 30 min at 37°C. Serum was separated after centrifugation at 3000 g at room temperature for 10 min. TSH and free T₃ and T₄ were measured by RIA using a rat kit (BioChem Immuno Systems, S.p.A., Bologna, Italy) following the manufacturer’s instructions. Results are expressed as pg/ml for free T₃ and T₄ and μIU/ml for TSH.

RNA extraction and cDNA synthesis

Total RNA was extracted by Trizol reagent (Gibco BRL-Life Technologies, Milan, Italy). DNase treatment and cDNA synthesis were performed as previously described (17).

PCR conditions

We employed a PCR reaction to detect the amount of CB1 cannabinoid receptor and fatty acid amide hydrolase (FAAH) mRNA (18) using an endogenous sequence corresponding to the house-keeping gene, rat β₂ microglobulin (β₂m), as an internal standard. PCR reactions were performed as previously described (17). The primers used were: CB1 sense, 5’-catcatcatcatcacaagtcagcagc-3’ and CB1 antisense, 5’-atgctgttctagctgcaggtcctg-3’ yielding a 330 bp fragment; FAAH sense, 5’-atggacagacggcagtgcag-3’ yielding a 460 bp fragment; β₂m sense, 5’-atttcatctttctgttctagctgcaggtcctg-3’ and β₂m antisense, 5’-atgctgttctagctgcaggtcctg-3’ yielding a 423 bp fragment.

Analysis of PCR products

After amplification, 25 μl of each reaction was subjected to gel electrophoresis on a 1.8% agarose gel stained by ethidium bromide. Gels were visualized on a UV transilluminator (UVI, Upland, CA, USA), and image grabbing was achieved by a SONY XC-77CE.
Protein extraction

Each tissue sample was homogenized at 4°C by immersing a sonication probe (Vibracell; Sonics & Materials Inc., Danbury, CT, USA) for 10–15 s at 40% output in 100 μl 20 mM HEPES buffer (pH 7.9) containing 125 mM NaCl, 5 mM MgCl₂, 12% glycerol, 0.2 mM EDTA, 0.1% Nonidet P-40, 5 mM dithiothreitol, 0.5 mM phenylmethylsulfonyl fluoride, 0.5 μg/ml leupeptin and 0.7 μg/ml pepstatin A. The total protein extracts were then treated as previously described (19).

One-dimensional WB

SDS-stop solution (final concentration: 2% SDS, 10% glycerol and 5% β-mercaptoethanol) was added to aliquots of tissue total extracts containing 30 μg total protein. Samples were then treated as described (19). The blot was blocked with 5% non-fat dry milk, and incubated with diluted CB1 (1:500) polyclonal antibodies from Biosource International, Inc. (Camarillo, CA, USA), followed by peroxidase-labelled antirabbit antibody (1:1500; Amersham Life Science, Milan, Italy). Immunoreactivity was visualized by enhanced chemiluminescence. A specificity control was run by pre-absorbing (1 h) and co-incubating the antiserum (1:500) with the immunizing protein (4 μg/ml) (data not shown).

Analysis of immunoblots

Gels were visualized on the transilluminator and the images were processed with the aid of WB gel analysis software (Media Cybernctis). Each sample was measured on the basis of total absorbance in arbitrary units of optical density (OD).

Immunohistochemistry

Rats were anaesthetized with equithesin (2.5 mg/kg), perfused transcardially and fixed in 4% paraformaldehyde in 0.1% phosphate buffer (PB), pH 7.4. The thyroid, cerebellum and liver were then cryoprotected using a solution of 30% sucrose in 0.1M PB at 4°C overnight. Sections of 10 μm were cut by cryostat (Leica CM 3050), mounted on gelatin-coated glass slides, and cytochemical staining was performed. Briefly, after rinsing in phosphate-buffered saline with 0.2% Triton X-100 (PBS+T), the sections were incubated with 0.3% H₂O₂ to eliminate endogenous peroxidase activity and, after extensive washing, in a blocking solution containing 1% bovine serum albumin and 20% normal goat serum in PBS+T. Sections were then incubated overnight at 4°C with a 1:100 dilution of CB1 rabbit polyclonal antiserum from BioSource International, Inc. After rinsing, the sections were incubated with a goat anti-rabbit biotinylated IgG (1:200; Vector, Burlingame, CA, USA) for 1 h, followed by an avidin–biotin complex (1:500; Vectastain ABC kit from Vector) for an additional hour. Sections were then exposed to 3,3’ diaminobenzidine containing cobalt chloride and nickel ammonium sulfate for 15 min. The immunostaining was developed by adding H₂O₂. Finally, after washing in PBS+T, nuclei were counterstained with haematoxylin and eosin and all sections were dehydrated in ascending concentrations of ethanol, cleared with xylene and cover-slipped with Entellan (Sigma) before observation by light microscopy (Olympus BX60).

Statistical analysis

TSH and free T₃ and T₄ data were evaluated by one-way analysis of variance (ANOVA) or two-way ANOVA where more appropriate, followed by the Newman–Keuls test for post hoc comparisons.

Results

The specificity of amplification for CB1 was primarily established using DNA from plasmids which only express CB1 (data not shown), as previously reported (17). The expression levels of CB1, FAAH and β₂m genes in each sample were determined by relative measurements of mRNA-derived cDNA using RT-PCR. The mRNA levels of CB1 and FAAH were expressed relative to the β₂m mRNA, thus allowing the comparison of CB1 and FAAH with β₂m (Fig. 1). CB1 expression level was detected in the rat thyroid (17.8±4.0% of β₂m) and cerebellum (60.6±8.0% of β₂m); the liver was used as a negative control tissue and no signal was detected (Fig. 1). FAAH expression profile was also analyzed in the rat thyroid (46.9±4.3% of β₂m), cerebellum (87.7±7.2% of β₂m) and liver (176.6±12.6% of β₂m) (Fig. 1).

Figure 2A shows a representative WB with an affinity-purified antibody raised against the N-terminus of the CB1 receptor, detecting one major band of approximately 63 kDa which gave an OD reading (Fig. 2B) in the thyroid of 97.5±14.9 arbitrary units (a.u.) and in the cerebellum of 489.2±23 a.u.; the liver was used as a negative control and the CB1 protein

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was not present in this tissue. The 63 kDa major band corresponds to the expected molecular weight of the glycosylated form of the CB1 receptor (20–22). A specificity control experiment, done by incubating the CB1 antibody with the immunizing protein, showed no immunoreactivity (data not shown), as previously described (22).

Immunohistochemistry was also performed on the rat thyroid with the same antibody, and multiple CB1-positive granules were present in the intracellular region of follicular and parafollicular cells (Fig. 3A); uniform intense CB1 staining was exhibited in the cerebellum molecular layer, while moderate positivity was present in the granular layer (Fig. 3C). Standard haematoxylin and eosin staining was also performed in order to check the histological pattern of the thyroids used for this study (data not shown). In addition, a negative control experiment with no CB1 antibody incubation showed the expected absence of positive staining in the liver (data not shown), thyroid and cerebellum (Fig. 3B and D).

The effects on TSH and free T3 and T4 serum levels 4 h after pretreatment with WIN 55,212-2 (10 mg/kg), WIN 55,212-2 (10 mg/kg) + SR 141716A (3 mg/kg) and SR 141716A (3 mg/kg) were determined. TSH levels were unchanged (one-way ANOVA $F_{3,28} = 0.77$, $P > 0.05$) after all drug treatments (Fig. 4A). A significant difference between groups was observed in free T3 serum level (one-way ANOVA $F_{3,28} = 4.812$, $P < 0.001$) and a significant decrease was detected after WIN 55,212-2 (10 mg/kg) compared with vehicle ($P < 0.01$); this effect was antagonized by a pretreatment with SR 141716A (3 mg/kg) (Fig. 4B). A significant difference between groups was also observed in free T4 serum levels (one-way ANOVA $F_{3,28} = 3.957$, $P < 0.05$) and
a significant decrease was detected after WIN 55,212-2 (10 mg/kg) compared with vehicle \((P < 0.05)\); this effect was antagonized by pretreatment with SR 141716A (3 mg/kg) (Fig. 4C).

TSH levels were also measured after 30 min, 1 h, 2 h and 4 h of WIN 55,212-2 (10 mg/kg) or vehicle administration; no significant differences (two-way ANOVA \(F_{1,14} = 2.123, P > 0.05\)) were found between groups (data not shown).

**Discussion**

In this study we demonstrated the presence of cannabinoid CB1 mRNA and protein in the adult rat thyroid. Although the presence of thyroid CB1 mRNA has previously been described by in situ immunohistochemistry during the late stages of rat embryological development (13), this is the first time that the CB1 mRNA was detectable in the adult rat by RT-PCR; in fact, in a previous study – in which the same sensitive technique was used – the CB1 message proved undetectable (9). We believe that this difference is due to a number of technical improvements that we have made in the tissue preparation, and in the extraction of total RNA. Indeed, we processed all the samples that we used for the RNA studies immediately, avoiding tissue thawing and any delay in further processing that could account for mRNA degradation. The levels of CB1 mRNA in the thyroid gland were much lower than those in brain areas such as the cerebellum or cerebral cortex; this is consistent with previous studies showing that, in the periphery, the highest contents of CB1 mRNA are found in the pituitary gland, B cells and natural killer cells (9).

We used the liver as a negative control, confirming the fact that in this tissue CB1 mRNA is not present (9), and strengthening the signal specificity that we found in the thyroid. We also analyzed the mRNA expression of FAAH, the enzyme which hydrolizes the endocannabinoids in the cell (18). The presence of FAAH mRNA in the thyroid supports the possibility that an endocannabinoid system could exist in this gland. Indeed, FAAH is expressed in many peripheral organs and in most cases CB1 receptors are also co-expressed (18). However, in the liver, which we used as a negative control for CB1 expression, FAAH is highly expressed. This can be explained by the fact that in the rat liver FAAH can metabolize substrates other than those which are present in the rat brain (18).

In order to check whether the CB1 gene was not only transcribed but also translated in the thyroid, we performed WB, probing the blot with a polyclonal affinity-purified antibody raised against the CB1 amino terminus. This antibody recognized the CB1 protein in its glycosylated form (63 kDa) \((20–22)\) in both rat thyroid and cerebellum total extracts, while, as
In addition, when we studied the CB1 cellular distribution within the rat thyroid using immunohistochemistry, we found intracellular positive staining in the follicular and parafollicular cells. Specific CB1 intense staining was detectable in histological sections of the cerebellum, which we ran in parallel as positive controls. Furthermore, the liver was used as a negative control and no staining was detected (data not shown).

Given the fact that all the functional effects exerted by cannabinoids and endocannabinoids are mostly receptor mediated, we decided to study the acute effect of 10 mg/kg WIN 55,212-2 on TSH and free T3 and T4 levels. Decreased free T3 (−32%) and T4 (−30%) serum levels were observed 4 h after 10 mg/kg WIN 55,212-2. These effects were antagonized by a 15-min pretreatment with 3 mg/kg of the specific CB1 antagonist SR 141716A, suggesting that the thyroid CB1 receptors could be involved in the regulation of the release of these hormones. It must be considered that WIN 55,212-2 binds with markedly higher affinity to CB2 receptors than CB1; therefore, until CB2 expression is studied in the rat thyroid, we cannot exclude the possibility that the above-described effects may also be mediated by CB2 receptors. However, the effect of WIN 55,212-2 on free T3 and T4 levels was fully antagonized by the specific CB1 antagonist SR 141716A and this indicates a CB1- rather than a CB2-mediated control of rat thyroid hormone release. The fact that TSH levels were not affected by either 10 mg/kg WIN 55,212-2 or 3 mg/kg SR 141716A suggests that the decrease of T3 and T4 is probably due to a direct effect on the thyroid CB1 receptors rather than a lack of TSH modulation. Our data showed that WIN 55,212-2 was not able to affect the serum TSH levels at any of the analyzed time-points (30 min, 1 h, 2 h, 4 h); however, we cannot exclude the possibility that a decrease in TSH levels could occur later than 4 h after WIN 55,212-2 administration. The fact that in a previous study Δ⁹THC was able to decrease TSH levels very rapidly (1) shows that Δ⁹THC and WIN 55,212-2, having different pharmacokinetic and metabolic profiles (8, 23, 24), can act on the pituitary CB1 receptors with divergent mechanisms of action.

The molecular and functional evidence shown in this paper strongly suggests the fact that cannabinoids may have a direct acute influence on rat thyroid hormone activity. Further studies of the chronic effect of cannabinoids on thyroid function are needed, since these drugs are usually abused over long periods of time.

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