EXPERIMENTAL STUDY

Effect of different growth hormone (GH) mutants on the regulation of GH-receptor gene transcription in a human hepatoma cell line

Johnny Deladoëy, Grégoire Gex, Jean-Marc Vuissoz, Christian J Strasburger1, Michael P Wajnrajch2 and Primus E Mullis

Department of Paediatrics, Division of Paediatric Endocrinology, Inselspital, CH-3010 Bern, Switzerland, 1Medizinische Klinik-Innenstadt, Ludwig-Maximilians-Universität, Munich, Germany and 2 Division of Paediatric Endocrinology, Weill Medical College of Cornell University, New York, NY, USA

(Correspondence should be addressed to Primus E Mullis, University Children’s Hospital, Inselspital, CH-3010 Bern, Switzerland; Email: primus.mullis@insel.ch)

Abstract

Objective: G to A transition at position 6664 of the growth hormone (GH-1) gene results in the substitution of Arg183 by His (R183H) in the GH protein and causes a new form of autosomal dominant isolated GH deficiency (IGHD type II). The aim of this study was to assess the bioactivity of this R183H mutant GH in comparison with both other GH variants and the 22-kDa GH in terms of GH-receptor gene regulation.

Design and Methods: The regulation of the GH-receptor gene (GH-receptor/GH binding protein, GHR/GHBP) transcription following the addition of variable concentrations (0, 12.5, 25, 50 and 500 ng/ml) of R183H mutant GH was studied in a human hepatoma cell line (HuH7) cultured in a serum-free hormonally defined medium. In addition, identical experiments were performed using either recombinant human GH (22-kDa GH) as a positive control or two GH-receptor antagonists (R77C mutant GH and pegvisomant (B-2036-PEG)) as negative controls. GHR/GHBP mRNA expression was quantitatively assessed by RT-PCR amplification after 0, 1, 3 and 6 h incubation.

Results: Following the addition of R183H mutant GH, GHR/GHBP mRNA changed at a similar rate to that seen in experiments where 22-kDa GH was added, indicating equal bioactivity. At all times and concentrations studied, the addition of R77C mutant GH, however, resulted in a significantly lower increase of GHR/GHBP mRNA concentration compared with that caused by the addition of either 22-kDa GH or R183H mutant GH. Furthermore, in additional experiments, pegvisomant resulted in an absolute block of GHR/GHBP mRNA expression identical to that seen in control experiments where no 22-kDa GH was added at all.

Conclusions: These data indicate that the R183H mutant GH, although causing an autosomal dominant form of IGHD has an identical effect on GHR/GHBP transcription as its wild-type, the 22-kDa GH. This implies that the IGHD caused by the R183H heterozygous mutation of the GH-1 gene is mainly due to a block of its regulated GH secretion. In addition, the R77C-GH variant and pegvisomant have an antagonistic effect at the level of GHR/GHBP transcription. All these data were confirmed by run-on experiments. In addition, these data highlight, as far as the GH variants are concerned, that a mutational alteration within the GH-1 gene might cause short stature also on the basis of an altered secretory pathway. This fact has to be taken into consideration when growth retardation is clinically diagnosed and studied at the molecular level. Secretory pathways and, therefore, cell-biological mechanisms are of importance and have to be considered in future not only at the scientific but also at the clinical level.

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Introduction

The growth hormone-1 (GH-1) gene which encodes the GH protein is located on the long arm of chromosome 17 (17q22-24), and consists of five exons and four introns (1). This gene is mainly expressed in the pituitary gland and secreted as a protein, which is characterised by an antiparallel up-up down-down arrangement of four helices containing two disulphide bonds but no N-linked carbohydrate side chains (2). Approximately 75% of circulating human GH is expressed in the anterior pituitary as a major 22-kDa
product, whereas 5–10% of the remaining GH is a minor (20-kDa) product, which is also bioactive at physiological concentrations (3).

Binding of GH to the GH-receptor has been described as a sequential event (4). GH first associates with the GH-receptor to form a 1:1 complex through site 1 (the high affinity site) composed mainly of the long extended loop between helices 1 and 2 and the C-terminal part of helix 4. This complex is then capable of binding to a second receptor through site 2 of GH, located mainly on helix 1. Thereafter, following the ligand-mediated steric alignment of the receptor dimer, signal transduction occurs.

Recently, we have reported four unrelated families whose members were suffering from a new form of autosomal dominant isolated GH deficiency (IGHD type II) (5). The dwarf phenotype co-segregated clearly with a G6664A transition mutation within exon five of the GH-1 gene. This mutation causes an arginine (R) to histidine (H) amino acid (aa) change at position 183 in the GH protein (R183H) leading to a dominant negative expression of the GH-1 gene (5). All affected patients showed delayed growth and an impaired, but still present, GH release following standard pharmacological provocation tests (peak GH values <10 mg/l) (5, 6). Furthermore, we have shown that the GH deficiency in these autosomal affected patients presenting with this R183H gene mutation may be due to a marked blockade of the regulated GH secretion (5, 6). Of note is the fact that the Arg183 is highly conserved in the GH of different species (7, 8), and as the R183H mutation takes place at the very end of helix 4, it may have an impact on the binding affinity of site 1 towards the GH-receptor. In addition, there is a report by Cunningham and Wells (9) that the substitution of arginine by alanine at position 183 (R183A) caused a twofold weaker binding to the GH-receptor (site 1). Therefore, in order to shed light on the pathophysiology of this new autosomal dominant form of IGHD and to challenge our hypothesis that an altered regulatory secretion and not a biologically inactive form of GH is responsible for this disorder, the aim of the present study was to assess the biological activity of the R183H mutant GH protein in comparison with the normal 22-kDa GH, as well as additional GH antagonists.

In this study, we used recombinant human GH (22-kDa GH; GH) as a positive control, whereas the R77C mutant GH (10, 11) and the GH receptor-antagonist pegvisomant (12, 13) were used as negative controls.

Severe short stature in a boy due to a single mutation in the GH-1 gene was reported by Takahashi et al. (10). This missense mutation was predicted to convert codon 77 from arginine (R) to cysteine (C). The R77C mutant GH inhibited tyrosine phosphorylation in IM-9 cells 10 times more potently than the 22-kDa GH, showing an antagonistic or a dominant negative effect (10).

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Pegvisomant (formerly known as Somavert, Trovert or B2036-PEG: Sensus Drug Development Corporation, Austin, TX, USA) is a 191 aa recombinant protein of DNA origin, identical to human GH except for eight mutations at binding site 1 and a single mutation within binding site 2 (glycine (G) to arginine (R) aa residue 120; G120R). These changes result in a substantially higher affinity of this molecule at binding site 1 while disrupting binding at site 2 and leaving the receptor inactive. In order to increase the antagonist’s half-life and to reduce antibody formation, polyethylene glycol (PEG) is added (14).

The additional studies using these negative, antagonistically acting controls were of special interest because from the clinical point of view it might be important to know how effectively the GH receptor will be blocked by these antagonistic derivatives either normally occurring in patients or used as a new drug in acromegaly (13).

Material and methods

Cell culture, mutant growth hormones and pegvisomant

HuH7 is a human hepatoma cell line that is reported to retain differentiated functions in culture (15), and therefore allows functional studies of GH-receptor gene expression. HuH7 cells were maintained in monolayer culture as previously described (16). When they had reached approximately 70% confluency, the medium was aspirated, the cells were washed twice with phosphate-buffered saline (PBS, pH 7.4: Sigma, St Louis, MO, USA) and 1 ml of a serum-free hormonally defined medium was added. Briefly, serum-free hormonally defined medium contains 0.4 mmol/l ornithine; 2.25 µg/ml l-lactic acid; 2 ng/ml glucagon; 2.5 × 10⁻⁸ mol/l selenium; 5 × 10⁻⁸ mol/l hydrocortisone; 1 × 10⁻⁶ mol/l ethanolamine; 2 ng/ml cholera-toxin; 1 µg/ml insulin, 1 µg/ml transferrin, 25 ng/ml epidermal growth factor (EGF) but, as previously reported, neither growth hormone nor insulin-like growth factor-I or -II (IGF-I, IGF-II) (17). After an overnight incubation, the medium was aspirated, the cells were washed twice with PBS (pH 7.4) and the different samples containing variable forms of GH (22-kDa, R183H-GH, R77C-GH and pegvisomant) and variable concentrations (12.5, 25, 50 and 500 ng/ml of GH variants and, in the pegvisomant studies, an additional experiment using 20 µg/ml pegvisomant) were added to the culture medium for further incubation of either 0, 1, 3 or 6 h. In the clinical trial, due to pegvisomant’s reduced affinity with the GH receptor as compared with the 22-kDa GH, the mean serum concentration of pegvisomant in the patients treated for acromegaly with a standard dose of 20 mg per day was 20 µg/ml (13). Therefore, this additional dose was used in our in vitro experiments using pegvisomant. The incubation
times were chosen based on previous experiments when marked differences of transcription rates of the GHR/GHBP (GH-receptor/GH binding protein) gene were seen at these times (16, 18). In addition, maximum internalisation of GH is reported after 2 h, whereas hormone accumulation in the nucleus was saturated after 1 h (19). Each experiment was repeated four times.

R183H-GH was obtained from AtT-20 cells stably transfected with a vector containing R183H mutant GH cDNA producing R183H-GH (6). R77C mutant GH was expressed as a fusion protein with the E. coli thioredoxin gene trxA, extracted by sucrose treatment, and digested by enterokinase. Thereafter, the protein was purified using an anti-GH antibody-immobilised column and reverse-phase HPLC, confirmed by SDS-PAGE, and assayed by ELISA using a GH-specific polyclonal antibody (11). The R183H mutant GH as well as the chromatographically purified R77C mutant GH were further diluted in serum-free hormonally defined medium to obtain the variable concentrations which were measured by an immunoradiometric assay (HGH Maia Clone, Biochem Immunosystems GmbH, Freiburg, Germany). It is important to stress that the affinities for the mutants and for the wild-type (wt) form were tested and found to be equal. Interassay and intra-assay coefficients of variation were 2.7% and 1.8% respectively at 50 ng/ml.

RNA extraction

RNA was extracted as previously described (16) using the acid guanidinium thiocyanate-phenol-chloroform method (20). The RNA concentration was measured by absorbance at 260 nm using a double beam Spectrophotometer (UV 150-02, Shimadzu Corporation, Tokyo, Japan).

Construction of the internal control and synthesis of internal control RNA

The plasmid for the preparation of synthetic internal control RNA (cRNA) was constructed by inserting a 50 base pair (bp) fragment of the rat prolactin (PRL) receptor DNA into a portion of the GHR cDNA as previously described (21). Briefly, the subsequent chimeric plasmid of GHR was cleaved with EcoRV and EcoRI and a 545-bp fragment was obtained. This fragment was subcloned into the Smal-EcoRI sites of bluescript SK+ (Stratagene Cloning System, San Diego, CA, USA). Following digestion with Sall, the chimeric GHR construct served as a template for in vitro transcription by T7 RNA polymerase to generate internal cRNA. The cRNA was purified with phenol-chloroform extraction and subsequently by oligo (deoxythymidine) chromatography. The absolute number of cRNA molecules was calculated using spectrophotometric absorbance at 260 nm, the molecular weight of the cRNA molecule (216 600 g/mol) and Avogadro’s number.

Oligonucleotide primers used for amplification

Oligonucleotide primers were purchased from Mycosynth, Balgach, Switzerland. The sense primer was 5'-CCCTATATTGACACATCAGTTCC-3', nucleotides 624–647 (exon 7; (22)) and the antisense primer was 5'-TTCCCTTCCTTGAGGAGATCTGG-3', nucleotides 931–954 (exon 9; (22)).

cDNA synthesis and PCR amplification

Four micrograms total RNA and 2.0 × 10⁶ molecules internal control were reverse transcribed with 200 U Moloney murine leukaemia virus reverse transcriptase (RT-M-MLV, Gibco-BRL, Life Technologies, Basel, Switzerland) primed with 1 μg oligo (deoxythymidine)₁₂–₁₈ primer (Roche, Rotkreuz, Switzerland). The RT reaction was carried out in 20 μl (total volume) RT-buffer (50 mmol/l KCl, 2 mmol/l Mg₂Cl, and 20 mmol/l Tris–HCl, pH 8.3), 200 μmol/l deoxy-NTPs, 25 pmol sense and antisense primers, 5 μl 50% formamide, 1 × 10⁶ c.p.m. ³²P-end-labelled sense primer of the GH-receptor, and 1.5 U Ampli-Taq-DNA (Perkin-Elmer, Rotkreuz, Switzerland) in a total volume of 50 μl. Sense primer was 5′-end-labelled with [gamma-³²P]ATP (>$5000 Ci/mmol; Amersham, Zürich, Switzerland) using T4 polynucleotide kinase (Amersham). The PCR amplification was carried out in 24 cycles as follows: 45 s denaturation at 94°C, 1.5 min annealing at 55°C, and 1.5 min extension at 72°C, after the initial denaturation at 95°C for 1.5 min. Amplification was completed with an additional extension step at 72°C for 10 min. PCR was performed in AMS (Protocol thermal cycler, AMS, Lugano, Switzerland).

Analysis of the PCR-amplified cDNA product

PCR products (21 μl) were separated on 2% Metaphor gel (FMC, Bioproduct, Bio Concept, Allschwill, Switzerland) and stained with ethidium bromide. The bands corresponding to each specific PCR product were excised from the gels, and the amount of incorporated radioactivity was determined in a β-scintillation counter (MR-300, automatic liquid scintillation system, Kontron, Zeiss AG, Zürich, Switzerland). Radioactivity (counts per min) was plotted against the amount of template (cRNA or target molecule). Gel pieces of the negative control were excised at the corresponding position and size as that of each positive band. The radioactivity of the negative control values served as background.
Table 1  Number of GH-receptor mRNA molecules (GHR/GHBP mRNA) in HuH7 cells cultured in the presence of different forms of GH (22-kDa GH, R183H mutant GH, R77C mutant GH and GH-A pegvisomant) at various concentrations. By using quantitative PCR, the abundance of GHR/GHBP transcripts (expressed as molecules × 10⁶/µg total RNA) was measured at the beginning of the experiments (0h) and after 1, 3 and 6h.

<table>
<thead>
<tr>
<th>GHR/GHBP mRNA (×10⁶ molecules/µg total RNA)</th>
<th>Incubation times</th>
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<tr>
<td></td>
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<td></td>
<td>P-value</td>
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<tr>
<td>R183H-GH</td>
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<td>20 µg/ml</td>
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ns, not significant.

Quantification of growth hormone-receptor mRNA

The radioactivity recovered from each gel slice was plotted against either the amount of total RNA (nanograms) or cRNA (molecules). Previous studies have shown that the two curves are parallel and exponential for both cRNA and GHR/GHBP mRNA, suggesting that the quantitative PCR is equally efficient for both controls and target RNA without any competition that could interfere with reliable quantification (21).

Nuclear run-on transcription

Nuclear run-on assays were performed as previously described (16, 18). Briefly, nuclei were isolated from freshly washed pellets of GH-treated or untreated human hepatoma cells (HuH7) and initiated transcripts were allowed to extend in the presence of [γ-32P]CTP (3000 Ci/mmol, New England Nuclear, Perkin Elmer Life Sciences, Freiburg, Germany). Each run-on probe was hybridised with one of four identical filters dot-blotted with 10 µg of each GHR clone, β-tubulin clone pbβ-1SK1 DNA and plasmid Bluescript SK+ DNA, as a negative control. After cross-linking of the DNA to the filters (Hybond-C, Amersham), the filters were pre-hybridised overnight at 42 °C. Run-on probe (6 x 107 c.p.m.) synthesised from treated or untreated HuH7 cell nuclei was added, and the filters hybridised at 42 °C for 72 h. The filters were washed, dried and autoradiographed. The strength of each autoradiographic signal was determined by liquid scintillation spectroscopy of excised filter pieces (16, 18). Briefly, the ratio of the counts corresponding to the mRNA/β-tubulin mRNA at time 3 h without any GH added was arbitrarily set as 1.0 unit, and other data were expressed as GHR/GHBP run-on transcription units using this base-line. Importantly, β-tubulin mRNA levels in HuH7 cells did not change as a result of GH treatment and could, therefore, be used to control for small variations in the quantity of RNA present in each sample analysed. The values obtained...
were checked against values obtained by scanning densitometry (Bio-Rad Model 620 Video Densitometer, Bio-Rad Laboratories, Hemel Hempstead, Herts, UK) of the autoradiograph, and were found to correlate significantly ($r: 0.85; P < 0.001$). In order to analyse whether the changes in the rate of GHR/GHBP gene transcription were dependent upon protein synthesis, a second set of experiments was performed where cycloheximide was added to the culture medium at a concentration of 10 μg/ml, 30 min before either GH and/or GH mutants.

**Statistical analysis**

Statistical differences among experimental groups were determined by Student’s unpaired two-tailed $t$-test or ANOVA followed by post-hoc test by Newman-Keuls where appropriate. Values of $P < 0.05$ were considered significant. Values are expressed as means (±S.E.M.) unless otherwise stated.

**Results**

HuH7 cells were cultured in the presence of different forms of GH (22-kDa GH, R183H mutant GH, R77C mutant GH and pegvisomant) at variable concentrations. By using quantitative PCR, the abundance of GHR/GHBP transcripts was measured at the beginning of the experiments as well as after 1, 3 and 6 h. The overall data of the GH experiments performed are summarised in Table 1 and Fig. 1a–c.

**After addition of recombinant human growth hormone (22-kDa GH, GH)**

A dose-dependent effect on GHR/GHBP gene expression was seen when physiological doses of 12.5 and 25 ng/ml GH were added to the culture medium (Table 1 and Fig. 1a). Importantly, treatment with a concentration of 50 ng/ml GH resulted in a most significant increase of GH-receptor (GHR/GHBP) mRNA molecules expressed as the number of molecules $\times 10^6/\mu g$ total RNA. The increase was already obvious 1 h after addition of GH. However, when a supraphysiological concentration of 500 ng/ml GH was given to the HuH7 cells, a decrease of GHR/GHBP mRNA expression was observed in the first 3 h of the assay before it returned to a level of expression close to that present at the beginning of the experiment (Fig. 1 and Table 1). These results were similar to previous studies performed under identical conditions (16, 18).

**After addition of R183H mutant GH**

Overall, using variable R183H-GH concentrations a parallel and roughly equal dose–response effect on the GHR/GHBP gene expression to that seen with the 22-kDa GH was found ($P =$ not significant; Table 1 and Fig. 1a).

**After addition of R77C mutant GH**

Although the overall increase of GHR/GHBP mRNA expression was significant in the R77C mutant GH experiments when compared with the data obtained in the experiments with no GH added (1 h, $P < 0.01$; 3 h, $P < 0.001$; 6 h, $P < 0.001$), R77C mutant GH showed a significantly lower effect on GHR/GHBP expression than the 22-kDa GH (Table 1, Fig. 1b). The doses of 12.5 and 25 ng/ml presented a significantly lower increase of GHR/GHBP expression compared with the effect obtained using 22-kDa GH (at incubation time 3 h using 12.5 ng/ml, $P < 0.01$; 25 ng/ml, $P < 0.001$; at incubation time 6 h using 12.5 ng/ml, $P < 0.01$; 25 ng/ml, $P < 0.001$). Moreover, after 1-h incubation with 50 ng/ml R77C mutant GH, a significant increase of the GHR/GHBP mRNA level became obvious ($P < 0.01$) and, thereafter, the GHR/GHBP mRNA levels remained largely unchanged until the end of the experiments. Furthermore, when compared with the data obtained using 22-kDa GH the differences were significant: at incubation times 1, 3 and 6 h $P$-values were $<0.001$. When 500 ng/ml GH were added to the culture medium, the down-regulation on GHR/GHBP transcription was significantly less (at incubation time 1 h, $P < 0.01$; at 3 and 6 h, $P < 0.001$).

**After addition of the GHR-antagonist pegvisomant**

The addition of any dose of pegvisomant (12.5 ng/ml, 25 ng/ml, 50 ng/ml, 500 ng/ml as well as 20 μg/ml) had no effect on GHR/GHBP expression (Table 1 and Fig. 1c). The different levels reached were more or less similar to the data obtained in the experiments where no GH was added and, therefore, at any time and concentration they were highly significantly different ($P < 0.001$) when compared with the expression levels obtained in the experiments where 22-kDa GH was used.

**Run-on assay**

By performing nuclear run-on experiments we also examined the question of whether the changes in GHR/GHBP gene transcription levels were real, and were therefore a result of a changed rate of transcription. HuH7 cells were cultured for 3 h in the presence of different concentrations (50 and 500 ng/ml and 20 μg/ml in the case of pegvisomant) and forms of GH (22-kDa GH; R183H-GH; R77C-GH; pegvisomant) and/or under the same condition as the cells used for RNA quantification. The doses of 50 and 500 ng/ml
were chosen because they were expected to result in the most significant differences in transcription rates. Nuclei were prepared from freshly isolated cells and radiolabelled run-on probes were synthesised and hybridised to filters carrying GHR/GHBP and β-tubulin cDNA fragments. The results are shown in Fig. 2. Importantly, the data were consistent with the results obtained in the quantitative RT-PCR experiments. In order to analyse whether the changes in the rate of GHR/GHBP gene transcription depended on protein synthesis, cycloheximide (10 μg/ml) was added to the culture medium 30 min before the GH. The levels of the run-on transcripts remained unchanged in all the experiments (Fig. 2). This indicates that the regulating effects of GH on the GHR/GHBP gene transcription were dependent, at least partly, on pre-existing factors and did not require protein synthesis.

Discussion

Autosomal dominant familial isolated GH deficiency (IGHD type II) is a rare cause of human IGHD in which the majority of mutations described so far have occurred around the exon 3/IVS3 region (del32-71 mutant GH) of the GH-1 gene (5, 23–25). In these individuals, even though one normal GH-1 allele is present, the secreted human GH levels are severely decreased (25). Furthermore, when both normal and del32-71 mutant GH were co-expressed in different cell lines, the dominant negative expression of the GH-1 gene was observed in neuroendocrine cell lines (26) in which the del32-71 mutant GH caused GH deficiency by decreasing the intracellular stability of the normal GH (27). Therefore, whereas the autosomal dominant form of GH-deficiency in the heterozygous patients presenting the del32-71 GH mutation may be caused by a decreased intracellular GH stability and/or increased cytosolic degradation, the pathophysiological mechanism in our recently reported patients with the heterozygous R183H mutant GH is suggested to be different. The effect of the R183H mutation in the GH-1 gene is likely due to an intracellular trafficking or packaging defect. Thus, we aimed to test this mutant GH for its bioactivity in terms of GHR/GHBP gene transcription and to analyse the impact of different GH forms on the GHR/GHBP gene transcription in a human hepatoma cell line (HuH7 cells). First, in order to obtain base-line data, experiments using variable 22-kDa GH concentrations, as previously reported,
were repeated and these data were confirmed (Table 1 and Fig. 1) (16, 18). Moreover, importantly, 22-kDa GH and R183H-GH have been found to have almost identical bioactivity in the regulation of GHR/GHBP gene transcription (Table 1, Fig. 1).

In addition, Takahashi et al. (10) reported a child whose short stature was caused by a single mutant GH-1 gene allele (missense mutation: at codon 77, arginine to cysteine: R77C). The R77C mutant GH possessed not only a 6 times greater affinity to the GHBP but also inhibited the tyrosine phosphorylation in the IM-9 cells 10 times more potently than the 22-kDa GH (10, 28) showing an antagonistic or a dominant negative action. Therefore, in our experiments we aimed to follow the effect on GHR/GHBP gene transcription of this antagonistic GH mutant. Interestingly, we were able to confirm the antagonistic effect of the R77C mutant GH variant also at the level of GH-receptor expression. This fact is of importance because GH-receptor transcription rate might correlate at least partially with bioactivity.

In the last part of our study the genetically engineered analogue of human GH, pegvisomant, (Somavert, Trovert or B2036-PEG) which functions as a GHR antagonist, was examined in terms of its blocking effect of GHR/GHBP expression. Because in the clinical trial looking at the efficacy and tolerability of pegvisomant in patients suffering from acromegaly, the mean serum concentration of pegvisomant given at a daily dose of 20 mg was found to be about 20 μg/ml, similar doses were additionally used in our in vitro experiments (13). The findings were most impressive: pegvisomant was able to inhibit any GHR/GHBP gene transcription at any concentration used.

Most importantly, however, all these data focusing on GHR/GHBP gene expression derived from cDNA synthesis and quantitative PCR amplification using an internal control for standard purposes were confirmed by run-on experiments (Fig. 2). In addition, cycloheximide did not affect these changes, supporting the notion that the GHR/GHBP gene transcription is directly stimulated.

In conclusion, we present data showing that the different GH mutants have a specific and direct impact on GH/GHBP gene transcription. R183H mutant GH has the same bioactivity as the normal 22-kDa GH, whereas the R77C mutant GH has a slight antagonistic effect on the GHR/GHBP at its transcriptional level. Finally, pegvisomant is a potent GHR antagonist. These data indicate that R183H, although causing an autosomal dominant form of IGHD, has an identical effect on GHR/GHBP transcription as the wild-type, 22-kDa GH. This implies that the IGHD caused by the R183H heterozygous mutation of the GH-1 gene is mainly due to a block of the regulated GH secretion. In addition, the R77C-GH variant as well as pegvisomant have an antagonistic effect at the level of GHR/GHBP transcription. All these data were confirmed by run-on experiments. In addition, these data highlight, as far as the GH variants are concerned, that a mutational alteration within the GH-1 gene might cause short stature also on the basis of an altered secretory pathway. This fact has to be taken into consideration when growth retardation is clinically diagnosed and studied at the molecular level. Secretory pathways and therefore cell-biological mechanisms are of importance and have to be considered in future not only at the scientific but also at the clinical level.

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