CLINICAL STUDY

Acquired lipoprotein lipase deficiency associated with chronic urticaria. A new etiology for type I hyperlipoproteinemia

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Abstract

Type I hyperlipoproteinemia (type I HLP) is a rare disorder of lipid metabolism characterized by fasting chylomicronemia and reduced postheparin plasma lipoprotein lipase (LPL) activity. Most cases of type I HLP are due to genetic defects in the LPL gene or in its activator, the apolipoprotein CII gene. Several cases of acquired type I HLP have also been described in the course of autoimmune diseases due to the presence of circulating inhibitors of LPL. Here we report a case of type I HLP due to a transient defect of LPL activity during puberty associated with chronic idiopathic urticaria (CIU). The absence of any circulating LPL inhibitor in plasma during the disease was demonstrated. The LPL genotype showed that the patient was heterozygous for the D9N variant. This mutation, previously described, can explain only minor defects in the LPL activity. The presence of HLP just after the onset of CIU, and the elevation of the LPL activity with remission of the HLP when the patient recovered from CIU, indicate that type I HLP was caused by CIU. In summary, we report a new etiology for type I HLP – a transient decrease in LPL activity associated with CIU and with absence of circulating inhibitors. This is the first description of this association, which suggests a new mechanism for type I HLP.

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Introduction

Lipoprotein lipase (LPL) is the major enzyme responsible for the hydrolysis of triglycerides transported by chylomicrons and very low density lipoproteins (VLDL). LPL is present as an active dimer which is noncovalently linked to proteoglycans in the endothelial wall, where it can be transferred to chylomicrons and VLDL. Apolipoprotein (apo) CII, carried by the target lipoproteins for LPL, is the physiological activator of LPL in plasma.

Type I hyperlipoproteinemia (type I HLP) is a rare disorder of lipid metabolism characterized by fasting chylomicronemia, with subsequent hypertriglycerideremia, and reduced postheparin plasma LPL activity. This hyperlipoproteinemia is due to a decreased hydrolysis of triglycerides transported in chylomicrons and VLDL. Type I HLP is characterized clinically by repeated episodes of abdominal pain, with or without pancreatitis, eruptive cutaneous xanthomatosis and hepatosplenomegaly. Three inherited disorders have been described to be responsible for type I HLP, two of them being autosomal recessive (familial LPL deficiency and familial apo CII deficiency), and the third showing an autosomal dominant mode of transmission (familial inhibitor of LPL) (1).

Several cases of acquired type I HLP have also been described in the course of autoimmune diseases, such as systemic lupus erythematosus (2, 3), idiopathic thrombocytopenic purpura and Graves’ disease (4). The mechanism in these autoimmune disorders is probably related to the presence in plasma of a circulating autoantibody directed against LPL, as demonstrated by Pruneta et al. (5) in a case of autoimmune type I HLP.

We report one case of acquired type I HLP in a 13-year-old girl, associated with chronic idiopathic urticaria (CIU). This is, to our knowledge, the first description of this association, and the first acquired form of type I HLP not related to the presence of circulating inhibitors of LPL.

Case report

A 13-year-old girl was referred to Miguel Servet Hospital for evaluation of severe hypertriglycerideremia. No family history of hyperlipidemia, pancreatitis or coronary heart disease was present. Her aunt had
systemic lupus erythematosus and she was also normolipidemic.

Previous lipid analysis at 7 and 10 years of age were normal (Table 1). At the age of 11, three months before menarche, generalized skin lesions consisting of itchy edematous papules and wheals, frequently associated with angioedema, occurred. Skin lesions appeared in crises and after a few months urticaria episodes presented almost daily in spite of histamine antagonist treatment. After the appropriate diagnostic testing, she was diagnosed as having CIU. Four months after the onset of CIU, a blood test revealed the presence of severe hypertriglyceridemia (triglyceride concentration 2122 mg/dl). During the following three years her triglyceride levels remained elevated ranging from 375 to 2765 mg/dl (Table 1) in spite of various diet and drug treatments. The lowest triglyceride levels during this period were obtained after severe fat restriction (< 10% of total calories from fat) and 100 mg/day fenofibrate. Throughout this period, she presented with several acute episodes of abdominal pain with normal amylase (some of them required hospitalisation) and unexplained crises of blurred vision. During this three-year period no medication other than H1 receptor antagonists were prescribed for her urticaria.

At the age of 15, crises of urticaria became less frequent until they spontaneously disappeared. Her triglycerides returned to normal values (Table 1), fenofibrate treatment was stopped, and the diet was progressively less restricted in fat. After 6 months without any lipid lowering drug and with a standard free living diet (35% calories from fat) her triglycerides were 44 mg/dl. A new determination of her LPL activity showed an increase up to 21 mU/ml, an increment of 260% (Table 1).

### Methods

Lipid plasma concentrations in the proband, her parents, sister and maternal grandparents were obtained after at least 10 h fasting. Measurements of total plasma cholesterol and triglycerides were determined by enzymatic methods, high density lipoprotein (HDL) cholesterol was assayed after precipitation with magnesium-phosphotungstate (Boehringer Mannheim, Germany), and apolipoprotein AI and B concentrations were quantified by rate immunonephelometry (Beckman, USA). All lipid analyses were performed in a laboratory participating in a lipid standardization program. Lipid and apolipoprotein concentrations during urticaria phase are means of at least 6 different determinations, except for LPL and HL activities (each from one determination).

<table>
<thead>
<tr>
<th></th>
<th>Total cholesterol (mg/dl)</th>
<th>Triglycerides (mg/dl)</th>
<th>HDL-C (mg/dl)</th>
<th>Apo AI (mg/dl)</th>
<th>Apo B (mg/dl)</th>
<th>Chylomicrons (%)</th>
<th>LPL (mU/ml)</th>
<th>HL (mU/ml)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-urticaria</td>
<td>191</td>
<td>56</td>
<td>nd</td>
<td>nd</td>
<td>nd</td>
<td>0</td>
<td>nd</td>
<td>nd</td>
</tr>
<tr>
<td>During urticaria</td>
<td>193</td>
<td>1352</td>
<td>15</td>
<td>186</td>
<td>65</td>
<td>64</td>
<td>8</td>
<td>78</td>
</tr>
<tr>
<td>Post-urticaria</td>
<td>158</td>
<td>58</td>
<td>40</td>
<td>115</td>
<td>57</td>
<td>0</td>
<td>21</td>
<td>82</td>
</tr>
<tr>
<td>Controls (n = 2)</td>
<td>196</td>
<td>98</td>
<td>48</td>
<td>138</td>
<td>77</td>
<td>0</td>
<td>47</td>
<td>109</td>
</tr>
</tbody>
</table>

HDL-C, high density lipoprotein cholesterol; nd, not determined.

# Percentage of total lipoproteins contained in chylomicron subfraction observed by cellulose acetate gel electrophoresis.
Postheparin LPL activity was then measured as described above. The LPL activity showed similar values, indicating the absence of any LPL inhibitor in the proband’s plasma.

The apo E genotype was determined as previously described (8) for the proband, her parents and for the normolipidemic controls. The genotype of the proband and her mother were E3/E4, while it was E3/E3 for the other subjects in the study.

All study subjects were checked for the presence of three common variants of the LPL gene: D9N, G188E and N291S. Specific regions of the LPL gene were amplified by PCR in each case and the material obtained was digested with restriction enzymes as previously described (9–11). The proband and her mother were identified as heterozygous carriers of the D9N mutation in the LPL gene, which causes a substitution of Asn for Asp at codon 9 of LPL.

**Discussion**

Chylomicronemia syndrome is a relatively common lipid disorder usually associated with a quite evident metabolic abnormality, such as diabetes mellitus, or alcohol consumption, especially in the presence of a genetic form of hyperlipidemia, i.e. familial hypertriglyceridemia or familial combined hyperlipidemia. Chait and Brunzell (12) studied a group of 54 patients with plasma triglycerides over 2000 mg/dl and they found that severe hypertriglyceridemia is often due to the coexistence of familial and secondary forms of hyperlipidemia. In their study, only 3 patients (5.6%) did not have any recognizable cause. Normal lipid values in the relatives of the patient can exclude both familial hypertriglyceridemia and familial combined hyperlipidemia. Secondary metabolic causes for the hyperlipidemia were excluded because of her normal plasma glucose levels and glucose tolerance test, thyrrotropin and thyroid hormones, renal function, as well as the absence of alcohol consumption or any medication intake. Absence of the broad beta band in serum electrophoresis and the presence of apo E3/E4 genotype in the proband excluded type III hyperlipoproteinemia which in some cases can produce severe hypertriglyceridemia (13). The proband status as an LPL D9N heterozygous carrier can explain a partially diminished plasma LPL activity, as described by Mailly et al. (9), but it cannot account for the severe LPL deficiency observed in this case. The variant D9N has been associated with mild hypertriglyceridemia and it has a high prevalence in hyperlipidemic subjects.

Chylomicronemia in this case seems to be clearly associated with an acquired and transient defect in LPL plasma activity. The mechanism of this defect was not elucidated, as no plasma inhibitor could be detected in plasma, in contrast with previously described acquired defects. Since CIU and hyperlipidemia showed temporary coexistence, this probably reflects the fact that CIU triggered the hypertriglyceridemia.

Hide et al. (14) have recently identified the presence of an immunoglobulin (Ig) G autoantibody against the alpha subunit of the high-affinity IgE receptors (IgE-FceRI) that cause the release of histamine from basophil of healthy donors. Mast cells activated through their IgE-FceRI release different mediators as proteoglycans and proinflammatory cytokines that could modify the primary site of action of LPL – the luminal surface of endothelial cells where the enzyme is anchored to proteoglycans (15). The idea that CIU has an autoimmune mechanism is also supported by its association with autoimmune thyroid disease (16) and it could also be possible that the LPL deficiency in this case was due to the presence of a non-circulating autoantibody against the enzyme.

Another predisposing mechanism to chylomicronemia in this case is the temporary association of lipid and lipoprotein changes with puberty (17, 18). Physiological changes during puberty include an increase in plasma triglycerides, which is due to the higher levels of sexual hormones, especially estrogens. It has previously been shown that the phenotypic expression of type I hyperlipidemia is modified by estrogens, and some patients present their first symptoms during pregnancy (19). Bucher et al. (20) have recently described the case of a girl compound heterozygote for two missense mutations in the LPL gene with a severe increase in triglyceride plasma concentration during puberty due to a marked accumulation of chylomicrons, without modifications in the VLDL, LDL and HDL values, suggesting that the catabolism of chylomicrons in type I hyperlipoproteinemia is further affected by estrogens.

In summary, we report the first description of type I HLP due to an acquired LPL deficiency during puberty associated with CIU. The absence of a circulating LPL inhibitor in plasma during the disease, and the spontaneous remission of the HLP with recovery of the LPL activity with the cure of CIU suggest a new mechanism for type I HLP.

**Acknowledgements**

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