**Regulation of neuropeptide Y mRNA expression in cultured human pheochromocytoma cells**

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**Abstract**

The expression of the neuropeptide Y (NPY) gene varies considerably in human pheochromocytomas, but the mechanisms for this variation have not been clarified. To investigate the regulation pattern of the NPY gene in human pheochromocytomas, we screened 16 pheochromocytomas and 9 normal adrenal tissues with Northern blots. The expression level of NPY mRNA in normal adrenal medulla was low and relatively constant, while the pheochromocytomas showed a very wide variation in NPY mRNA levels in both malignant and benign tumors. This indicates that NPY gene expression is not correlated with malignancy in pheochromocytomas. In primary cultures of human pheochromocytoma cells, nerve growth factor treatment (causing neuronal differentiation) increased NPY mRNA accumulation 2- to 5-fold (P < 0.05). NPY mRNA levels were also induced by protein kinase modulators (Bu)2cAMP and staurosporine in the cultures (P < 0.05). In contrast, treatment with dexamethasone and IGF-II (causing or linked with chromaffin differentiation) reduced NPY mRNA accumulation (P < 0.05). These data show that the regulation pattern of NPY mRNA expression in cultured human pheochromocytoma cells is different from that previously described in rat pheochromocytoma PC12 cells. Regulation of NPY mRNA expression in primary cultures by these differentiating factors suggests that the expression of NPY mRNA in pheochromocytoma tissues may be associated with the neuronal differentiation of the tumor cells affected by multiple factors.

**Introduction**

Neuropeptide Y (NPY) is a 36 amino acid peptide widely expressed by neurons in the central and peripheral nervous systems as well as by adrenal medullary cells (1). It is secreted from adrenal chromaffin cells on nerve stimulation (2). As a neuroendocrine hormone in adrenals, NPY can inhibit catecholamine release from chromaffin cells (3), and modulate the sensitivity of zona glomerulosa cells to adrenocorticotropin stimulation (4).

High concentrations of circulating NPY immunoreactivity have been reported in patients with pheochromocytomas (5, 6), especially in those with malignant forms (7). Both NPY peptide and mRNA levels in these tumors vary considerably. However, no statistically significant correlation between plasma NPY immunoreactivity and tumor mass or tumor content of the peptide was found (6, 8). In fact, malignant tumors tended to have lower NPY gene expression than benign ones (9). Because most pheochromocytomas with strong NPY immunoreactivity are well-differentiated tumors, it was suggested that induction of NPY gene expression in pheochromocytoma cells might depend on their differentiation status (10).

The mechanisms of NPY gene regulation in human pheochromocytomas are not yet well understood due to the very few human studies. The well-established rat pheochromocytoma PC12 cell line increased in NPY mRNA and cellular peptide levels during nerve growth factor (NGF)- or dexamethasone-induced differentiation, but no change in NPY concentration in the conditioned media was detected (11, 12). Cultured human pheochromocytoma cells had a higher NPY content than freshly dissociated cells from the same tumors (13). Since the in vitro condition also promoted neuron-like differentiation, it appeared that the environment favoring expression of the neuronal phenotype also favored NPY production in human pheochromocytoma cells. However, differences may exist between human and rat PC12 pheochromocytoma cells in the regulation of NPY expression. For example, NPY peptide was not detected in the conditioned medium of human pheochromocytoma cells, long-term treatment with NGF did not increase NPY in human cells, and induction of the chromaffin phenotype by dexamethasone decreased NPY content in human pheochromocytoma cells (13). To shed more light on the regulation of NPY expression in human pheochromocytomas, we...
measured NPY mRNA expression in these tumors by Northern blot hybridization, and examined the effects of several differentiating agents on NPY gene expression in primary cultures of human pheochromocytoma cells.

Materials and methods

Tissues and cell cultures

Normal adrenal glands were obtained from nine patients who were undergoing nephrectomy for kidney tumors. Pheochromocytomas and adrenal tissues adjacent to these tumors were obtained from 16 patients during operations performed at the Department of Surgery, Helsinki University Central Hospital. Diagnosis was established based on both clinical data and histopathological analysis. Four of the pheochromocytomas were malignant and 12 were benign. Tumor-adjacent adrenal tissue was collected from five patients. The sample was processed as described previously (14). This research protocol was approved by the Local Ethical Committee. Briefly, normal adrenal cortical and medullary tissues were carefully dissected from five adrenals. Part of the pheochromocytoma and normal adrenal tissues were frozen in liquid nitrogen and then stored at −70°C before extraction of total RNA. The remaining tissues were processed for primary cultures. After digestion with collagenase–dispase and deoxyribonuclease-I, the dispersed cells were maintained in Dulbecco’s Modified Eagle’s Medium–Ham’s F-12 medium containing 10% fetal calf serum for 5–7 days before the test agents were added (14). Phase contrast light microscopy was employed to examine the growth and morphological characteristics of the cultured cells. All experiments were performed in triplicate and repeated at least twice with tissues from different patients. 7S-NGF, dexamethasone, 12-O-tetradecanoyl phorbol-13-acetate (TPA), and dibutyryl cyclic AMP ((Bu)2cAMP) were purchased from Sigma Chemical Co. (St Louis, MO, USA). Insulin-like growth factor-II (IGF-II) was from Bachem (Bubendorf, Switzerland). Staurosporine was obtained from Boehringer Mannheim (Mannheim, Germany).

RNA analysis

Isolation of total and cytoplasmic RNA. Northern blotting and hybridizations were carried out as described previously (14). A 30-mer oligonucleotide probe for NPY mRNA was synthesized at the Institute of Biotechnology, University of Helsinki. The sequence was 5'-TCA TCA AGA GGT CTG AAA TCA GTG TCT CTG -3', corresponding to nucleotides 295–324 of the human NPY cDNA (15). The mouse 28S ribosomal RNA cDNA probe (16) was used as a loading control. All mRNA data shown were normalized with respect to 28S RNA values. Differences in the RNA levels between various types of adrenal tissues in vivo or different treatments in vitro were assessed by the Mann–Whitney test. The level of significance was chosen as P < 0.05.

Results

We screened 16 pheochromocytomas and 9 normal adrenal tissues for NPY mRNA expression. Northern blots hybridized with the NPY oligonucleotide probe
showed the NPY transcript of about 800 nucleotides in size in some pheochromocytoma and normal adrenal medullary tissues, but not in normal adrenal cortex or the tumor-adjacent adrenal glands. After long enough exposure of the Northern blots, low and relatively constant expression of NPY mRNA was detected in all normal adrenal medullary samples. Although NPY mRNA was not detected in all pheochromocytomas, very strong expression of NPY mRNA was detected in some samples including both malignant and benign pheochromocytomas (Fig. 1).

In primary cultures derived from all pheochromocytomas, expression of NPY mRNA was detectable in the absence of any stimulation up to at least 2 weeks. During neuronal differentiation induced by NGF at 200 ng/ml for 3 days, expression of NPY mRNA was increased 2- to 5-fold (P < 0.05, n = 4 from different patients), and this effect was still detectable with NGF at 20 ng/ml (Fig. 2). However, 24 h treatment was not long enough to induce NPY mRNA expression. In contrast, treatment with dexamethasone (1 μmol/l) for 1 and 3 days reduced NPY mRNA accumulation approximately 30 and 50% respectively (P < 0.05) (Fig. 3). Since dexamethasone is able to increase IGF-II gene expression in pheochromocytoma cells (14), we used IGF-II to treat the cells. IGF-II (100 ng/ml) reduced NPY mRNA accumulation more than 50% after 3 days of incubation (P < 0.05, n = 3) (Fig. 3). To study the role of different classes of protein kinases in the regulation of NPY mRNA expression, we treated cultured pheochromocytoma cells with different protein kinase modulators. The NPY mRNA levels were increased by (Bu)2cAMP (1 mmol/l; activates protein kinase A) and staurosporine (100 nmol/l; a general protein kinase inhibitor) after 3 days of treatment.
The effects of NGF are initiated through second messenger cascades, including protein kinase A and C pathways. In PC12 cells, NGF gene expression is stimulated by forskolin and TPA (19). Our results indicated that the protein kinase A, but not protein kinase C, pathway is involved in the modulation of NGF gene expression in human pheochromocytoma cells, further demonstrating the difference between the rat PC12 cells and human pheochromocytoma cells. The general protein kinase inhibitor staurosporine can induce a mature neuronal phenotype in human neuroblastoma and rat PC12 cells through a protein kinase C-independent pathway in the absence of both the trk and p75 NGF receptors, suggesting staurosporine as a unique neurotropic compound (20, 21). NGF mRNA was increased during staurosporine-induced differentiation of SH-SY5Y human neuroblastoma cells along the sympathetic neuronal lineage (20). Similarly, staurosporine increased NGF mRNA accumulation in our pheochromocytoma cultures. Although both (Bu)2cAMP and staurosporine increased the steady state levels of NGF mRNA, combined treatment with these two agents resulted in less stimulation than staurosporine alone, indicating that there was an interaction between the signaling pathways used by these two agents. Furthermore, the mechanisms underlying the regulation of NGF gene expression could be cell and species specific. For example, TPA increased the expression of NGF mRNA in PC12 cells and in a neuroblastoma cell line LA-N-5 via different mechanisms (19), whereas our results showed no change in NGF mRNA level after TPA treatment.

Taken together, our data reveal that the expression of NGF gene in cultured human pheochromocytoma cells is regulated by multiple differentiating factors and suggest that the expression of NGF mRNA in pheochromocytoma tissues may be associated with the neuron-like differentiation induced by different local factors.

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